

Hand Arm Vibration (HAV)

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The health effects relating to prolonged exposure to Hand Arm Vibration can cause back disorders and high volume sick leave. We can help you understand the vibration level, duration and exposure to your workers, and develop controls where possible.

What Is Hand Arm Vibration (HAV)?

Vibration that is transmitted to the hand or arm by its supporting surface.

What Are The Industries Affected?

Operators of:

- Mining
- Councils
- Government Departments
- Defence
- Oil & Gas
- Power & Processing
- Marine
- Construction

Exposure Groups At Risk?

Maintenance	Example Equipment
Off-road vehicles	Grinders
Freight & transport vehicles	Drills
Ships	Rattle Guns
Marine vessels	Jackhammers
Construction	Mowers

Health Effects

- Vibration White Finger
- Carpal Tunnel Syndrome
- Nerve Damage
- Circulation Disorders

How Can Vipac Help?

- Hand tool & hand-arm vibration levels measured
- Normal & simulated operating conditions measured
- Comparison against Vipac's industry average database
- Risk Assessment including exposure time, controls and recommendations

